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ABSTRACT

This competency-based preservice home economics teacher education module on Future Homemakers of America-Home Economics Related Occupations (FHA-HERO) contains objectives and suggested activities for utilizing FHA-HERO as an instructional strategy to expand and strengthen the home economics instructional programs. Presented are seven units of instruction: describing the FHA-HERO organization; developing a personal philosophy; organizing and managing a chapter; implementing an annual program of activities; coordinating leadership experiences; implementing legislation through FHA-HERO; and promoting effective public relations. Included are suggested activities for the following areas: housing, foods and nutrition, textiles and clothing, human development, and management. (Other modules in these areas are available in the ERIC system as CE 019 901-967.) (CT)

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FHA-HERO

OBJECTIVES AND SUGGESTED ACTIVITIES

AN INTEGRAL PART OF HOME ECONOMICS INSTRUCTIONAL PROGRAMS

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CE 019 900

MATCHE

Management Approach to Teaching Consumer and Homemaking Education

MATCHE is an individualized, competency-based preservice curriculum designed for home economics education students at the preprofessional, upper division level. MATCHE is a comprehensive curriculum based on selected objectives which give emphases in three areas: 1) consumer approach to homemaking education, 2) teaching home economics in economically depressed areas, and 3) establishing occupational programs related to home economics. The material for each subject matter area of home economics has been organized into these three strands, and includes an FHA-HERO emphasis. These subject matter areas are home economics education core, housing, foods and nutrition, textiles and clothing, human development, and management.

The MATCHE modules were written by subject matter specialists from various colleges and universities offering home economics and therefore each is unique in the approach used for the development of the objectives. The modules allow for differences in level of achievement, rate of learning, and learning goals. They may be used independently, combined into a sequential series, or as a random set of conceptual units. Any instructor using the material can easily adapt the material to a specific group of students, the locale, method of instruction, and available facilities. Learning may be facilitated by offering one module in conjunction with others.

As MATCHE is continuously up-dated by those using the curriculum, some concepts and objectives may be added and others deleted. The purpose is to continually strengthen the program for pre and inservice home economics teachers.

Guidelines for Use and Continuous Development of MATCHE are on file with Home Economics units in each of the fifty state departments of education plus all of the Home Economics Departments in California institutions offering home economics education. This booklet and proceedings from the four MATCHE workshops give background information concerning the purpose and development of the MATCHE project.

For further information contact:

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MATCHE

FHA-HERO

Module Objective

The MATCHE student will be able to expand and strengthen the home economics curriculum by utilizing FHA-HERO as a teaching strategy, integral to the instructional programs.

FHA-HERO is an integral part of home economics education and has been included as a part of each strand in the MATCHE curriculum. The objectives and suggested activities included in this publication are designed to assist you in utilizing FHA-HERO as an instructional strategy to expand and strengthen the home economics instructional programs.

Module Overview

The California Five-Year State Plan for Vocational Education provides for vocational education student organizations to operate as an integral part of all vocational education programs. Such organizations provide expanded opportunities beyond what is offered in the regular classroom of instruction to develop leadership, human relations, and technical skill competencies. Future Homemakers of America-Home Economics Related Occupations is the national and state vocational education student organization which serves students enrolled in Consumer and Homemaking Education and Home Economics Related Occupations instructional programs.

FHA-HERO activities are part of all quality home economics programs. They provide students with the opportunity to practice those competencies learned in the classroom through in-class and extended class activities, thus strengthening home economics instruction. The FHA-HERO chapter program is most effective when based upon the local home economics curriculum and used as an instructional strategy in which student-planned and student-directed activities can be extended beyond the classroom to enhance and enrich learning. Included in the MATCHE curriculum is a module which contains the objectives for the development of professional competencies needed by a home economics instructor to serve as an FHA-HERO chapter advisor and examples of activities to make FHA-HERO an integral part of the home economics program. Activities are included for each of the MATCHE strands--Consumer Approach, Occupational, and Economically Depressed Areas; and in each of the content areas, Housing, Foods and Nutrition, Textiles and Clothing, Human Development, and Management. These suggested individual or group experiences focus upon:

* personal growth
* leadership development
* community outreach
* recognition of individual and chapter achievements
* career exploration and development

Effectively used, FHA-HERO can benefit students, home economics instructors, the home economics programs, and the community while serving as a means of addressing program priorities stated in federal and state vocational education legislation.

FHA-HERO OBJECTIVES

UNIT 1

DESCRIBING THE FHA-HERO ORGANIZATION

The MATCHE student will be able to:

(1) Explain FHA-HERO.

(2) Describe the goal and purposes of FHA-HERO.

(3) Describe the structure of the California FHA-HERO associations and of the national organizations.

(4) Describe the criteria for and types of membership in FHA-HERO.

(5) Explain the importance and benefits of FHA-HERO to the student, the teacher, the school, and the community.

(6) Explain the role of FHA-HERO in the vocational education home economics programs which encompass Consumer and Homemaking Education (CHE) and Home Economics Related Occupations (HERO).

(7) Explain the components of an effective chapter.

UNIT 2

DEVELOPING A PERSONAL PHILOSOPHY

The MATCHE student will be able to:

(1) Trace the history and background of FHA-HERO and other vocational education student organizations from inception to current status.

(2) Define and demonstrate a personal philosophy concerning FHA-HERO and vocational education student organizations.

(3) Explain the role of a chapter advisor.

(4) Exhibit leadership skills necessary to work with members and officers.

UNIT 3

ORGANIZING AND MANAGING A CHAPTER

The MATCHE student will be able to:

(1) Develop an organizational structure to establish and implement an FHA-HERO chapter as an integral part of the instructional programs.

(2) Explain relationship and value of an FHA-HERO chapter to the home economics instructional programs.

(3) Outline procedures for affiliating and operating a local chapter.

(4) Manage and operate an FHA-HERO chapter as an integral part of the home economics instructional programs.

(5) Serve as a facilitator in working with FHA-HERO members in planning and conducting chapter activities.

UNIT 4

IMPLEMENTING AN ANNUAL PROGRAM OF ACTIVITIES

The MATCHE student will be able to:

(1) Assist home economics students organize and operate an FHA-HERO chapter to meet the needs of all students.

(2) Assist FHA-HERO members in developing programs and activities free from sex bias, sex discrimination and sex stereotyping.

(3) Assist FHA-HERO members develop and finance a yearly program of activities.

(4) Guide participation of FHA-HERO members in competitive and recognition activities.

(5) Assist FHA-HERO members plan for and participate in activities at the subregional, regional, state, and national levels.

(6) Assist FHA-HERO members in evaluating the chapter's activities and implementing revisions as needed.

UNIT 5

COORDINATING LEADERSHIP EXPERIENCES

The MATCHE student will be able to:

(1) Assist FHA-HERO members to expand leadership skills.

(2) Prepare FHA-HERO members to assume leadership roles and responsibilities.

(3) Assist FHA-HERO members to use committees effectively.

(4) Instruct FHA-HERO members in developing presentations to interpret and promote the association.

UNIT 6

IMPLEMENTING LEGISLATION THROUGH FHA-HERO

The MATCHE student will be able to:

(1) Demonstrate the utilization of FHA-HERO as an instructional strategy in all areas of the home economics curriculum.

(2) Demonstrate the use of FHA-HERO as a strategy to serve students with special needs, such as limited English speaking; non-English speaking; handicapped; disadvantaged; and persons from EDA.

(3) Demonstrate the use of FHA-HERO activities to address priorities in federal and state vocational education legislation.

(4) Assist FHA-HERO members understand the legislative process and how to affect change through legislation.

UNIT 7

PROMOTING EFFECTIVE PUBLIC RELATIONS

The MATCHE student will be able to:

(1) Explain the importance of good FHA-HERO public relations with parents, faculty, administrators, business and community members.

(2) Develop a plan in effective public relations to use with the home, school, and community.

(3) Assist FHA-HERO members in creating an image which reflects the total program of the association.

(4) Assist FHA-HERO members develop news releases and public service announcements.

Secure latest information and material for student organizations from California FHA-HERO Association, Vocational Education Unit, California State Department of Education, Sacramento, 95814.

FHA-HERO SUGGESTED ACTIVITIES

CORE

As an integral part of the instructional programs, the MATCHE student will assist FHA-HERO members to:

CA Develop and implement a plan for volunteer programs based on skills learned through instructional units in selected areas of interest such as tutoring programs or provide instruction in leisure time activities to persons with special needs.

Identify a community agency which will cosponsor an outreach program such as immunization clincs, ambliopia testing center, or blood pressure checking station.

OCC Develop a media program focusing on careers in home economics related occupations including the occupation of homemaking to be presented in libraries, at county and district fairs, and to service organizations.

Study the Competitive Recognition Events (CRE) and relate these activities to skills for employment.

EDA Gather data to be compiled in a "directory of community services" or resources. The directory will be designed and edited and then disseminated by the FHA-HERO members to families in economically depressed areas.

CA Participate in Competitive Recognition Events related to the
OCC instructional programs.

FHA-HERO SUGGESTED ACTIVITIES

HOUSING

As a integral part of the instructional programs, the MATCHE student will assist FHA-HERO members to:

CA Develop a bilingual slide presentation on the use of the community resources in the areas of housing and present to parents, community leaders, and service organizations.

Plan and develop a program on the use of solar energy in the home to be presented at district or county fairs, shopping areas, or to service organizations.

OCC Design and construct home furnishings items to be marketed by the FHA-HERO chapter.

EDA Prepare a window display of repaired low-cost furnishings for a home or apartment.

CA Participate in Competitive Recognition Events related to the
OCC instructional programs.

CA Develop and prepare a slide presentation on personal safety in the
EDA home for use with community groups.

Develop a program designed to teach individuals to make simple home repairs.

CA Select area(s) in the school community which can be restored,
OCC remodeled, redecorated or landscaped. Develop an action plan to
EDA provide the necessary resources to complete a community improvement project. (This may be conducted in cooperation with other vocational education student organizations.)

FHA-HERO SUGGESTED ACTIVITIES

FOODS AND NUTRITION

As an integral part of the instructional programs, the MATCHE student will assist FHA-HERO members to:

CA Conduct a nutrition awareness program for use on the school campus.

Plan three TV public service spot announcements on recent legislation dealing with foods or food products.

OCC Locate at least five job openings in food service occupations; write help wanted ads listing necessary skills for these job openings and include in an FHA-HERO chapter meeting that is focusing on career exploration.

Plan and implement a career day for school-wide attendance at which at least three guest speakers present career opportunities in the area of the hospitality and tourism industry.

EDA Plan and prepare low-cost meals and/or snacks for selected children's centers in economically depressed areas.

Plan a program in connection with Title VII-Older Americans Government Feeding Program.

CA Participate in Competitive Recognition Events related to the
OCC instructional programs.

CA Write an informational column on nutrition for a school newspaper,
EDA local newspapers, and/or public service announcements for radio and television.

FHA-HERO SUGGESTED ACTIVITIES

TEXTILES AND CLOTHING

As an integral part of the instructional programs, the MATCHE student will assist FHA-HERO members to:

CA Establish a chapter operated center to redesign ready-made clothing for use by handicapped persons and/or the older Americans.

Prepare a window display on textile labeling.

OCC Plan and implement a career day activity for a school-wide attendance in which at least three guest speakers present career opportunities in the area of textiles and clothing.

EDA Organize a Clothing Construction Clinic for use in migrant camps or in economically depressed areas.

CA Participate in Competitive Recognition Events related to the
OCC instruction programs.

CA Plan and operate an on-site Clothing Construction and Repair Clinic
EDA to provide service or to raise money for the chapter.

Develop a community outreach project to provide inexpensive or free clothing to specific individuals or groups in the community.

CA Organize and operate an Exchange and Recycle Shoppe of used clothing
EDA and textile items.
OCC

FHA-HERO SUGGESTED ACTIVITIES

HUMAN DEVELOPMENT

As an integral part of the instructional programs, the MATCHE student will assist FHA-HERO members to:

CA Develop a safety checklist for children's toys, poison prevention or other areas emphasizing safety and distribute the checklist to community members.

Develop a recreational activity program in which interested FHA-HERO members have a "pal" resident of a community home for the older Americans to whom the members would devote a specific amount of hours and attention.

Organize an information booth on human abuse to be placed in a shopping center.

Plan and develop a play or puppet show on the changing roles of men and women for presentation to elementary school pupils.

OCC Plan and develop a program on career opportunities in the area of human services to be presented to junior high school students.

EDA Develop a program to provide services to children who reside in an economically depressed area.

CA OCC Organize and provide on a regular basis a care-telephone service or a shopping service for a specified number of shut-ins on a chapter or individual basis.

Participate in Competitive Recognition Events related to the instructional programs.

CA EDA OCC Plan and conduct a chapter meeting focusing upon leadership development activities for all members.

Working with other vocational education student organizations, construct a playground specifically designed for individuals with physical limitations.

Following a unit on cause and prevention of birth defects, develop a puppet show on birth defects for presentation to junior high school students.

Develop a plan to host a regional or subregional FHA-HERO activity.

FHA-HERO SUGGESTED ACTIVITIES

MANAGEMENT

As an integral part of the instructional programs, the MATCHE student will assist FHA-HERO members to:

CA Develop a program with appropriate visuals and handouts on energy conservation in the home.

Prepare and disseminate information on metric measurements to use when purchasing items such as groceries or yardage.

Work with California Home Economics Association members on legislation affecting home economics.

Prepare a Time Management Skills workshop for school-age and single parents.

OCC Establish and operate a home and yard care service to raise money for chapter activities.

EDA Prepare an exhibit on the care and use of insecticides and pesticides in the home and display in a community facility.

CA OCC Prepare for participation in consumer-oriented Competitive Recognition Events.

CA EDA Develop a program with appropriate handouts to assist older Americans establish a system to maintain financial records.

Conduct a program focusing on consumer credit appropriate for displaced homemakers, school-age parents, and single parents.

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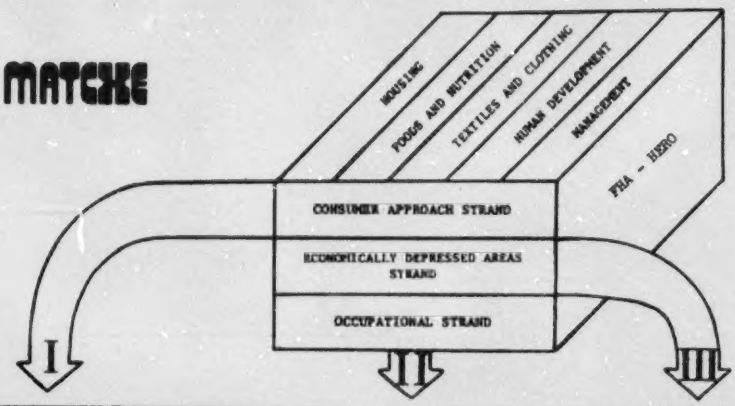

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C.	FOODS AND NUTRITION 1 Technological, Sociological, Ecological, and Environmental Factors Related to Food 2 Regulatory Agencies Responsible for Wholesomeness and Quality of Foods 3 Consumer Aspects in Planning Meals 4 Cultural Food Patterns 5 Influences on Food Prices	FOODS AND NUTRITION 1 Occupational Opportunities Related Foods and Nutrition 2 Operations and Activities of a Food Service Operation 3 Managing a Food Service Operation	FOODS AND NUTRITION 1 Food Availability in Economically Depressed Areas 2 Low Income Food Patterns 3 Meal Management on a Low Income
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